Choking

The flowchart here captures all the important steps you need to know.

Player is choking

Partial obstruction of airway

Complete obstruction of airway

Encourage them and allow them to cough

Provide 5 back blows

Provide 5 abdominal thrusts

No

No

No

Is the obstruction of the airway clear?

Is the obstruction of the airway clear?

Is the obstruction of the airway clear?

Yes

Yes

Repeat both again. Continue until either the obstruction is cleared or the player collapses.

If the player collapses, perform CPR.

Ask the player if they are okay